We are midway through the last Term for 2014 and there are still lots of exciting experiences in which to participate and Year One and Two are heading off to the Aquarium next week. Presentation, Graduation Orientation and Farewells are all in constant planning and teachers are busily writing reports.

Our Aboriginal Education Officer Mrs Trist, in conjunction with Mrs Robertson, has been presenting a Sista Speak program for our Aboriginal and Torres Strait Islander girls who are heading into High School. The students are working with girls from Chifley College Shalvey Campus to build strong bonds and skills to help them to transition smoothly to high school. All participants are thoroughly enjoying this program and it is wonderful to see other teachers and students visiting our school.

A small group of enthusiastic parents have been meeting with me to discuss future planning for our great school.

We will meet regularly next year on the last Wednesday of every month so if you are free, book the date in on your calendar and come along to support our community voice.

We have recently purchased a new app that will enable easier access to information across our school. We will be trialling it until the end of the year and asking for feedback to then follow with a complete set up for next year. There is more information in this newsletter about our app.

A child has been identified with the onset of Hand Foot and Mouth disease in our school. Could you regularly assess the health of your child and for more information please find the Department of Education fact sheet about the disease attached to our newsletter.

Kind Regards,
Mrs Sue Finn
Principal

New School App
Noumea Public School is trialling the Skoolbag App to help us to communicate with parents. This app will give you access to our newsletter and other important information.

The school will be able to get information out quickly that is important. Eg Excursions: “bus not running on time.” PSSA “cancelled” and Extreme weather organisation “currently in place”

There is a flyer at the end of this newsletter to help you download and install this app.
Kindergarten Orientation Day

Our Kindergarten Orientation Day will take place on Monday 24 November 2014. Parents are invited to attend a formal information session about our school and ways to make the transition into big school easier. Students beginning school next year will also participate in fun learning activities to give them a taste of what school is like. They will also receive their Orientation Day pack which includes a special gift!

Orientation Day begins at 9:30am in the Chill out room (next to Kindy classrooms). Parents will be taken to the hall after signing their children in.

It is not too late to enrol your child! If you have a child who turns 5 before the 31 July 2015, or know someone else who does, please see the ladies in the office for an enrolment form.

We look forward to seeing all our new students and their parents on this day.

No time for breakfast?
Try some of these quick breakfasts children can enjoy “on the go”.

- reduced-fat yoghurt, or a yoghurt drink.
- reduced-fat milkshake.
- healthy cereal in small plastic bag (a small carton of milk can add a calcium boost).
- slice of banana loaf or other low fat fruit loaf.

Why is breakfast important?

- children who miss breakfast are often reported as having poor behaviour and poor concentration.
- children who miss breakfast are often unable to meet their daily nutrient requirements.
- children who miss breakfast are more likely to have a greater risk of being overweight or obese.
- eating breakfast helps children learn and establish healthy eating habits early in life.

Classroom Attendance Awards
Term Four - Weeks One to Five

Classroom attendance is monitored daily across all K-6 classes at Noumea Public School. The classes that have the most days where all students in their class are at school or the greatest improvement in their attendance received a Hot Chip Party.

In Term Four for weeks one to five the classes with excellent attendance were KM and KP. The class with the greatest improvement in attendance was 2T.
How To Install Skoolbag On Your Smartphone

**iPhone & iPad Users**

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open".
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

**Android Users**

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android device.
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.

Don’t forget to like us on Facebook!  
Find out more at www.skoolbag.com.au
Hand, Foot and Mouth Disease
Living Well factsheet – Work Health and Safety Directorate

Hand, foot and mouth disease is generally a mild illness of childhood passed from person to person. Good hygiene helps prevent infection.

What is hand, foot and mouth disease?

Hand, foot and mouth disease is generally a mild illness and has nothing to do with the animal disease called foot and mouth disease. It mainly occurs in children under 10 years of age but it can also occur in older children and adults.

Signs and symptoms

When symptoms do occur, they include blisters that start as small red dots which later become ulcers. Blisters appear on the inside of the cheeks, gums, the sides of the tongue, hands and feet.

In infants, sometimes blisters can be seen in the nappy area. Blisters usually last for 7-10 days. Children can sometimes have a low fever, sore throat; tiredness, feel off colour and may not eat for a day or 2. Very rarely, it can cause other illnesses that affect the heart, brain, or lining of the brain (meningitis), lungs, or eyes.

How is it spread?

It is usually spread by person-to-person contact. It is also spread by secretions from the mouth or respiratory system, and by direct contact with the fluid in blisters.

It usually takes between 3-5 days after contact with an infected person before blisters appear. As long as there is fluid in the blisters, they remain infectious. The virus can remain in faeces for several weeks.

Children with the disease should be excluded from school or childcare facilities until their blisters have dried. The illness should be reported to the director of the childcare centre or school principal.

What is the risk of transmission?

Hand, foot and mouth disease is common and outbreaks may occur among groups of children, such as in child care centres.

What treatment is available?

Usually no treatment is needed. Paracetamol will relieve fever and discomfort. Do not give children aspirin. If the headache is severe, or if fever persists, consult your GP.

How can you prevent the disease?

Good hygiene is the best protection:

- Wash hands with soap and water after going to the toilet, before eating, after wiping noses, and after changing nappies or soiled clothing
- Avoid sharing cups, eating utensils, items of personal hygiene (e.g. towels, washers and toothbrushes) and clothing (e.g. shoes and socks)
- Thoroughly wash any soiled clothing
- Ensure mouths and noses are covered when coughing and sneezing. Wipe the nose and mouth with tissues, dispose of used tissues and wash your hands.

What precautions can you take?

- Thoroughly wash any soiled clothing
- Ensure your mouth and nose are covered with a mask when in contact with an infected person
- Wear gloves when in contact with an infected person and when disposing of used tissues
- When gloves are removed wash your hands thoroughly with soap and water.

Disclaimer: The information in this fact sheet is to be used for educational purposes only. It should not be used as a substitute for seeking professional care in the diagnosis and treatment of health conditions. Information may be reproduced with an acknowledgement to the NSW Department of Education and Communities.

Further Information

Contact your general practitioner, local public health unit or community health centre

NSW Department of Health

See Infection Control

Information in this fact sheet has been sourced from the NSW Department of Health.
Encouraging your child to read at home

1. Be yourself and involve your child in everyday conversations from an early age.
2. Read aloud to your child. It will help your child to learn the language of books and encourage the enjoyment of books and reading.
3. Talk about books together - make reading a shared, enjoyable activity.
4. See that there is a range of reading material for your child at home, both fiction and non-fiction.
5. Read to your child in your first language - research shows that using your first language will help your child when he or she learns to read English.
6. Try not to let television intrude on reading time - set aside some uninterrupted time to read with your child.
7. Listen to your child read every day, even if only for a short time.
8. Give books as treats and presents.
9. Discuss the meanings of stories and words.
10. Join your local library. Borrow books for yourself as well as your child.
Newsletter Draw

For your chance to win a family pass to Emerton Leisure centre simply answer correctly the following question:

“What is the name of our new app?”

Answer: ________________________________

Name: ________________________________

The first correct answer drawn at last Whole School assembly of the term will win the family pass. Entries can be placed in the orange box in the Front office foyer. Bonne chance.

Absence Explanation Note

Students Name: ________________________________

Class: ________________________________

Please tick reason for absence:

☐ Sick
☐ Other ________________________________

(Please specify)

Date student was away: ________________________________

_______________________            __________

Parent/Carer signature                              Date

Absence Explanation Note

Students Name: ________________________________

Class: ________________________________

Please tick reason for absence:

☐ Sick
☐ Other ________________________________

(Please specify)

Date student was away: ________________________________

_______________________            __________

Parent/Carer signature                              Date